

FEEDING CHILDREN

We take it for granted that our children can go to school. We take it for granted that when they say, "Mum, I'm hungry", we can give them food. For millions of poor families around the world it's a very different story.

Their children don't go to school because they have to labour or beg for food, yet an education is their best hope of escaping from this kind of poverty. Mary's Meals offers a simple way of breaking this vicious cycle – a daily meal in school.

An education can set a child free from poverty in adult life. Not only that child but his children too. To gain an education children first need to attend school and then be given the opportunity to learn. **Mary's Meals is not only feeding children, it is allowing the children to attend school and to be educated.**

"I DON'T WORRY ABOUT BEING HUNGRY ANYMORE BECAUSE THE PORRIDGE IS FILLING"

Cosmas, Standard 7 Pupil, Malawi

SUPPORTING SCHOOLS

A daily meal in school brings poor children to school every day, encourages parents to send their children to school – even the girls - and enables hungry children to concentrate and learn! Schools with a Mary's Meals school feeding programme report increased enrolment, reduced absenteeism and improved exam performance.

"The pupils in my class are more attentive, more participative and absenteeism has decreased. I like seeing the pupils enjoy their classes."

Mrs Njaidi - teacher at Ntambanyama School, Malawi

Sponsor A School invites families, businesses, church groups and schools to fundraise to give a whole school Mary's Meals.

HELPING A COUNTRY

An education – even a basic one – has life-changing effects on a child. And it's not just us saying this: study after study demonstrates that an education makes farmers more productive, motherhood safer and communities healthier. Education can lift individuals and countries out of poverty

"Sponsoring a School allows us to really see the benefit of our fundraising efforts"

St John the Baptist Parish, Scotland

Sponsor A School gives your fundraising a real focus. In return you get feedback on the school you are supporting: photos of the school with you or your organisation's name on the wall of the school.

For more information call us on 0800 698 1212 or email sponsoraschool@marysmeals.org



mary's
meals

a simple solution
to world hunger

Mary's Meals is a school feeding programme currently feeding over 500,000 children daily in a place of education. The Sponsor A School project invites families, businesses, church groups or schools to fundraise to give a whole school Mary's Meals.



BY SPONSORING A SCHOOL YOU WILL NOT ONLY BE FEEDING CHILDREN - YOU WILL BE SUPPORTING A WHOLE SCHOOL AND HELPING A COMMUNITY BREAK THE POVERTY CYCLE



Mary's Meals is administered through Scottish International Relief
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