Recycling never felt this good! The Backpack Project helps children receiving Mary’s Meals in Malawi get the most out of their learning – and it’s a great way to recycle your school bag and P.E. kits.

To find out how you can help, visit: www.marysmeals.org.uk
Mary’s Meals provides daily meals in school for hungry children in the some of the world’s poorest communities.

Please fill your used backpack with the items below to help children in Malawi get the most out of their education.

**YOU CAN FILL YOUR BAG WITH:**

- Notepads, pencils, crayons, eraser, sharpener, ruler, pencil case, towel, shorts or skirt, t-shirt or dress, flip-flops or sandals, small ball (e.g. tennis ball), soap, toothbrush, toothpaste, spoon.

**HANDY HINTS**

- Don’t buy new, recycle where you can!

- We encourage you to send schoolbags and backpacks in good condition. Please don’t send drawstring gym bags.

- Clothing for children between four and 12 years is suitable.

- Please label filled bags for boy/girl and age e.g. girl, 8.

- Don’t be tempted to put in toys or sweets. This can cause problems during delivery.

To find out how to get involved visit:

**WWW.MARYSMEALS.ORG.UK**