



Mary's Meals is named after Mary, the mother of Jesus and our work is built on a foundation of prayer. We are now feeding more than two million children every school day in some of the world's poorest communities.

During the month of May, we invite children to pray for the work of Mary's Meals and for all of the children and families around the world who live in poverty.

Prayers for children



Mary and Joseph loved Jesus and looked after Him as He grew up. We pray for all of the families around the world, especially those who live in poverty, that God will bless them and help the children to grow up healthy and happy.



Mary's Meals feeds more than two million children every school day thanks to people all over the world who give what they can to help others. Lord, we ask you to bless every little act of love that helps Mary's Meals. Help us to be loving and generous today.



Thank you God for my school and my teachers. Please help the children who cannot go to school. I pray that they will be able to learn like I can. Thank you for loving them and I pray that you keep them safe.



Mary's Meals is named after Mary the mother of Jesus. Mary knew what it was to feel hungry and to worry about having nowhere to call home. Blessed Mary, pray for all the children who don't have a home, help to keep them safe.



Thank you God for the food that I will eat at school today. I pray for the children who will be hungry at lunchtime because their family doesn't have enough food. Please help Mary's Meals to feed more hungry children all over the world and help us to share what we have with others.



Loving Father, touch our hearts today. Help us to see that we are all one big family. Help us to reach out to our brothers and sisters who are in need. May we work together to reach the next hungry child in our big global family.



For children preparing for First Holy Communion: As we prepare to receive the Bread of Life in Holy Communion, we pray for all of the children around the world who are hungry today. May God look after them and inspire everyone to share with each other so that no one goes hungry.

Other ways to pray

Choose a country [where we serve our school meals](#) and talk about the country with the children. Ask the children to say a prayer or a decade of the Rosary for all of the children in the chosen country.

Invite the children to write out their own prayer for the children who eat Mary's Meals, thinking about what they enjoy doing or what they would hope for children around the world. For example: Lord, I love playing outside with my friends. I pray that all of the children eating Mary's Meals today would have a safe space to play together.

Encourage the children to pray for children around the world as they go about their day. For example, on the way to school: Lord, I pray for the children who travel a long way to get to school so that they can receive Mary's Meals. Please bless them today.