# **Hunger to Hope - Curriculum Guide**

This curriculum guide links each lesson in Hunger to Hope to learning outcomes in your national curriculum, helping you plan your class's learning effectively.

Contents	
Schools in England	1
Schools in Northern Ireland	4
Schools in Scotland	11
Schools in Wales	14

#### **Schools in England**

Hunger to Hope is a cross-curricular learning resource for teachers to use with pupils between eight and 11 years old. The resource will support the curriculum objectives of developing your pupils as ethical and informed citizens, creative contributors and confident individuals.

The sessions are infused with opportunities for pupils to develop cross-curricular skills, thinking skills and personal capabilities. The activities will also link to learning about the United Nations Convention on the Rights of the Child, and the United Nations Sustainable Development Goals, helping pupils understand how children like them around the world are impacted by issues such as rights and development.

We would encourage you to start with lesson one and then use as many of the corresponding lessons as you feel appropriate for your class and learning goals.

We recognise that some young people in your class or group may have their own experience of poverty and/or hunger. We encourage teachers and group leaders to adapt questions and activities to suit the individual needs and experiences of the young people they are working with.

The aim of this document is to provide details of the curriculum links that we think are most relevant to each session.

Lesson	Learning intention	Relevant curriculum areas	Curriculum Links (Programme of study)
One: Introducing Mary's Meals This introductory lesson will use the film From Hunger to Hope to help the pupils to understand the experiences of children impacted by hunger and poverty, and how the work of Mary's Meals helps them and their communities.	I will learn about the experiences of children impacted by hunger and poverty, and how the work of Mary's Meals helps them and their communities.	Citizenship	<ul> <li>Citizenship</li> <li>For pupils to: <ul> <li>talk and write about their opinions, and explain their views on issues that affect themselves and society</li> <li>research, discuss and debate topical issues, problems and events</li> <li>recognise the role of voluntary, community and pressure groups</li> <li>think about the lives of people living in other places and times, and people with different values and customs</li> <li>learn that differences and similarities between people arise from a number of factors, including cultural, ethnic, racial and religious diversity, gender and disability.</li> </ul> </li> </ul>

Two: Mary's Meals around the world In this lesson the pupils will watch our World Feeding Map video and learn more about the countries where Mary's Meals works. In groups, the pupils will focus on one country per group and spend time researching that particular country with the intention to share findings with the wider class.	I will learn more about the work of Mary's Meals in one country, using my skills to research this information and share it with others.	Geography	For pupils to:  understand geographical similarities and differences through the study of human and physical geography  describe and understand human geography, including: types of settlement and land use, economic activity including trade links, and the distribution of natural resources including energy, food, minerals and water.
Three: The price of hope In this lesson the pupils will consider the cost of feeding a child with Mary's Meals for a whole year. Exploring the different meals we serve around the world, the pupils will consider factors such as religion, culture and local food availability and relate these to their own experiences. This session will invite the pupils to consider the impact of hunger and the benefits of daily school meals.	I will learn about the cost of feeding a child for a whole school year and consider how this compares to my own understanding of how far £19.15 can really go.	Religious education Mathematics English Citizenship	Religious education Please refer to your local authority agreed RE syllabus. Mathematics English Citizenship
Four: The right to learn In this lesson, pupils will discuss the power of education and link this to skills and knowledge which prepare them for work in the future. Linking to all children's right to an education as reflected in the UN Convention on the Rights of the Child, they will share the work of Mary's Meals to protect this right through drama.	I will learn how the work of Mary's Meals protects children's right to an education, and how I can help stand up for the rights of other children.	English Citizenship	<ul> <li>English</li> <li>Citizenship</li> <li>For pupils to: <ul> <li>recognise there are human rights that are there to protect everyone</li> <li>know about the relationship between rights and responsibilities</li> <li>know the importance of having compassion towards others; shared responsibilities we all have for caring for other people</li> <li>know about prejudice; how to recognise behaviours/actions which discriminate against others.</li> </ul> </li> </ul>
Five: Energy to work and play This lesson involves a fun physical activity which will help the pupils reflect on what they have learnt and experience the connection between energy and learning in action. This session will get the pupils moving around the playground to different checkpoints whilst they demonstrate what they have learnt through a series of true or false questions.	I will check my understanding of key facts about Mary's Meals and reflect on the role of food as fuel for learning and play.	Relevant to all subject areas to encourage pupils to put their learning into action.	

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Six: Faith in food	I will learn about	Religious	Faith schools
Please note: This activity looks at love and helping others in the context of the Parable of the Good Samaritan. This activity can be used by Christian schools, or others looking at Bible stories within the context of religious education, with the questions adapted to suit your context.  In this lesson the pupils are invited to reflect on the biblical story of the Good Samaritan. Using conversation prompts, the pupils will be asked for their thoughts on what they have heard and how it relates to the work of Mary's Meals. The pupils are then invited to write a persuasive letter to a respected leader and share their thoughts and ideas on next steps.	the Parable of the Good Samaritan and how the call to love can be lived out by each of us and by organisations like Mary's Meals.	education	<ul> <li>For pupils to:</li> <li>develope skills of reading and interpretation; Understand how to interpret, handle and use biblical texts; make sense of the meanings of texts</li> <li>understand the impact; Examining ways in which to respond to biblical texts and teachings, and how they put their beliefs into action in diverse ways within the community and in the world.</li> <li>Non-faith schools</li> <li>For pupils to:</li> <li>describe and understand links between stories and other aspects of the communities they are investigating, responding thoughtfully to a range of sources of wisdom and to beliefs and teachings that arise from them in different communities.</li> <li>Please refer to your Local Authority Agreed Syllabus. An agreed syllabus is a religious education syllabus that is designed by a local authority's Agreed Syllabus Conference (ASC). The syllabus, like the provision for RE in academies, must reflect that the religious traditions in Great Britain are, in the main, Christian while taking account of the teaching and practices of the other principle religions represented in Great Britain.</li> </ul>
Seven: Acrostic poetry This lesson will allow the pupils to express themselves through poetry. The pupils can use their notes to write their own acrostic poems focusing on what they have learnt and what has inspired them so far.	I will reflect on how Mary's Meals changes hunger into hope and learn how to express my thoughts on this through poetry.	English	<ul> <li>English</li> <li>For pupils to:         <ul> <li>prepare poems to read aloud and to perform, showing understanding through intonation, tone, volume and action</li> <li>discuss words and phrases that capture the reader's interest and imagination recognising some different forms of poetry.</li> </ul> </li> </ul>
Eight: An enterprising approach In this lesson the pupils can think about how they might raise money for Mary's Meals, to help reach the next hungry child, using the skills and talents they have as a class. This is a good opportunity to share ideas and examples of ways they can contribute to the mission of Mary's Meals, and put these into action.	I will learn how to use my skills and ideas, in partnership with my classmates, to help raise money for Mary's Meals through an enterprise project.	Relevant to all subject areas to encourage pupils to put their learning into action.	

## **Curriculum Guide - Northern Ireland**

Hunger to Hope is a cross-curricular learning resource for teachers to use with pupils between eight and 11 years old (Key Stage 2). The resource will support the curriculum objectives of developing your pupils as individuals, as well as contributors to society, the economy and the environment.

The sessions are infused with opportunities for pupils to develop cross-curricular skills, thinking skills and personal capabilities. The activities will also link to learning about the United Nations Convention on the Rights of the Child, and the United Nations Sustainable Development Goals, helping pupils understand how children like them around the world are impacted by issues such as rights and development.

We would encourage you to start with lesson one, then choose from the other lessons based on the time you have available and the areas you would like to focus on.

We recognise that some pupils in your class or group may have their own experience of poverty and/or hunger. We encourage teachers to adapt questions and activities to suit the individual needs and experiences of the group. The curriculum links that we think are most relevant to each session are as follows:

		Curriculum Links		
Lesson	Learning intention	Relevant curriculum areas		
One: Introducing Mary's Meals This introductory lesson will use the film From Hunger to Hope to help the pupils to understand the experiences of children impacted by hunger and poverty, and how the work of Mary's Meals helps them and their communities.	I will learn about the experiences of children impacted by hunger and poverty, and how the work of Mary's Meals helps them and their communities.	PDMU  Language and literacy  The world around us	Strand 2: Mutual understanding in the local and wider community Relationships with the wider world For pupils to:      develope an awareness of the experiences, lives and cultures of people in the wider world     recognise how injustice and inequality affect people's lives.  Talking and listening For pupils to:     participate in group and class discussions for a variety of curricular purposes     share, respond to and evaluate ideas, arguments and points of view and use evidence or reason to justify opinions, actions or proposals     describe and talk about real experiences and imaginary situations and about people, places, events and artefacts.  Geography - Interdependence     How we might get involved in a local or global	
			issue.  Place  The effects of a lack of basic resources on a place and on people's lives.	

Two: Mary's Meals around the world  In this lesson the pupils will watch our World Feeding Map video and learn more about the countries where Mary's Meals works.  In groups, the pupils will focus on one country per group and spend time researching that particular	I will learn more about the work of Mary's Meals in one country, using my skills to research this information and share it with others.	Language and literacy	Talking and listening  For pupils to:  • participate in group and class discussions for a variety of curricular purposes.  Reading  For pupils to:  • use traditional and digital sources to locate,
country with the intention to share findings with the wider class.	<b>;</b>		select, evaluate and communicate information relevant for a particular task  represent their understanding of texts in a range of ways, including visual, oral, dramatic and digital.  Writing
			<ul> <li>For pupils to:</li> <li>write for a variety of purposes and audiences, selecting, planning and using appropriate style and form</li> </ul>
			ereate, organise, refine and present ideas using traditional and digital means, combining text, sound or graphics.
		The world around	Geography - Place
		us	The effects of a lack of basic resources on a place and on people's lives
			comparisons between people and places.
		PDMU	Strand 2: Mutual understanding in the local and wider community
			Relationships with the wider world
			For pupils to:
			recognise how injustice and inequality affect people's lives.

Three: The price of hope	I will learn about	Mathematics	Number
In this lesson the pupils consider	the cost of	and numeracy	For pupils to:
the cost of feeding a child with	feeding a child		use the four operations to solve problems involving
Mary's Meals for a whole year.	for a whole		money
Exploring the different meals we serve around the world, the	school year and consider how		discuss the value of money and the need for
pupils will consider factors such	this compares		budgeting.
as religion, culture and local food	to my own		Handling data For pupils to:
availability and relate these to their	understanding of how far £19.15 can		' '
own experiences.	really go.		design and use a data collection sheet, interpret     the results
This session will invite the pupils to	, , , , , , , , , , , , , , , , , , , ,		understand processes in mathematics
consider the impact of hunger and			make and monitor decisions
the benefits of daily school meals.			
			communicate mathematically
			use mathematical reasoning.
		Language and literacy	<b>Talking and listening</b> For pupils to:
			participate in group and class discussions for a variety of curricular purposes
			know, understand and use the conventions of group discussion.
			Reading
			For pupils to:
			use traditional and digital sources to locate, select, evaluate and communicate information relevant for a particular task
			use a variety of reading skills for different reading purposes for example, reviewing, recalling,
			skimming and scanning.
			Writing For pupils to:
			create, organise, refine and present ideas using traditional and digital means, combining text, sound or graphics
			use a variety of stylistic features to create mood and effect.
		PDMU	Strand 2: Mutual understanding in the local and wider community
			Relationships with the wider world
			For pupils to:
			develop an awareness of the experiences, lives     and cultures of people in the wider world
			recognise the similarities and differences between cultures, for example, food, clothes, symbols, celebrations
			understand that differences and similarities     between people arise from a number of factors     including cultural, ethnic/racial and religious
			diversity, gender and disability  appreciate the range of cultures and traditions in
			<ul><li>other countries</li><li>recognise how injustice and inequality affect</li></ul>
			people's lives.
		Whole	For pupils to:
		curriculum	use information and communication technologies
		skills and capabilities	to research, select, process and interpret
		cahaniiiiie2	information.

Four: The right to learn In this lesson, pupils will discuss the power of education and link this to skills and knowledge which prepare them for work in the future. Linking to all children's right to an education as reflected in the UN Convention on the Rights of the Child, they will share the work of Mary's Meals to protect this right through drama.	I will learn how the work of Mary's Meals protects children's right to an education, and how I can help stand up for the rights of other children.	Language and literacy	Talking and listening For pupils to:  participate in group and class discussions for a variety of curricular purposes  know, understand and use the conventions of group discussion  share, respond to and evaluate ideas, arguments and points of view and use evidence or reason to justify opinions, actions or proposals  improvise a scene based on experience, imagination, literature, media and/or curricular topics.  Reading For pupils to:
			read, explore, understand and make use of a wide range of traditional and digital text.
		PDMU	Strand 2: Mutual understanding in the local and wider community - relationships with the wider world
			Human rights and social responsibility
			For pupils to:
			play an active and meaningful part in the life of the community and being concerned about the wider environment
			develop an awareness of the experiences, lives and cultures of people in the wider world
			recognise how injustice and inequality affect people's lives.
		The arts	Porama For pupils to:  develop their understanding of the world by engaging in a range of creative and imaginative role-play situations  explore a range of cultural and human issues in a safe environment by using drama to begin to explore their own and others' feelings about issues, and by negotiating situations both in
		Whole curriculum skills and capabilities	<ul> <li>and out of role.</li> <li>For pupils to: <ul> <li>use information and communication technologies to create, develop, present and publish ideas and information using a range of digital media and to showcase their learning</li> </ul> </li> </ul>
			across the curriculum.

Five: Energy to learn and play This lesson involves a fun physical activity which will help the pupils reflect on what they have learnt and experience the connection between energy and learning in action. This session will get the pupils	I will check my understanding of key facts about Mary's Meals and reflect on the role of food as fuel for learning and play.	PDMU	Strand 1: Personal understanding and health - health, growth and change For pupils to:  understand the benefits of a healthy lifestyle, including physical activity, healthy eating, rest and hygiene.  Strand 2: Mutual understanding in the local and	
moving around the playground to different checkpoints whilst they			wider community	
demonstrate what they have learnt			Relationships with the wider world	
through a series of true or false questions.			For pupils to:         recognise how injustice and inequality affect people's lives.	
		Physical education	Athletics	
			For pupils to:	
			participate in activities and physical challenges to learn, understand and continue to develop the core skills of running, jumping and throwing in a co-operative and competitive context using a variety of equipment	
			progress from simple running, jumping and throwing activities towards becoming involved in more difficult personal challenges and through them, improving performance.	
		Language and	Talking and listening	
		literacy	For pupils to:	
				participate in group and class discussions for a variety of curricular purposes
		know, understand and use the conventions of group discussion		
			share, respond to and evaluate ideas, arguments and points of view and use evidence or reason to justify opinions, actions or proposals.	

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Six: Faith in food	I will learn about	Religious	The Revelation of God
Please note: This activity looks	the Parable of the	education (core	For pupils to:
at love and helping others in the context of the Parable of the	Good Samaritan and how the	syllabus)	listen to and discuss stories that reveal God's
Good Samaritan. This activity can	call to love can		continuing care for human needs, concerns
be used by Christian schools, or	be lived out by		and troubles
others looking at Bible stories	each of us and by		<ul> <li>study the teachings of Jesus and explore their relevance for today.</li> </ul>
within the context of religious	organisations like Mary's Meals.		relevance for today.
education, with the questions	iviary's ivieais.		Morality
adapted to suit your context.			For pupils to:
In this lesson the pupils are invited to reflect on the biblical story			recognise that they are loved and respected as
of the Good Samaritan. Using			individuals
conversation prompts, the pupils			further develop positive attitudes towards their
will be asked for their thoughts on			talents, qualities and values
what they have heard and how it relates to the work of Mary's Meals.			discover the challenge for humans to become
Pupils are then invited to write a			co-workers with God for a better world.
persuasive letter to a respected		Language and	Writing
leader and share their thoughts		literacy	For pupils to:
and ideas on next steps.			discuss various features of layout in texts and     apply those as appropriate within their own
			apply these, as appropriate, within their own writing
			write for a variety of purposes and audiences,
			selecting, planning and using appropriate style and form
			express thoughts, feelings and opinions in
			imaginative and factual writing
			use a variety of stylistic features to create      and a ffact.
		DDAW	mood and effect.
		PDMU	Strand 2: Mutual understanding in the local and wider community
			Relationships in the community
			acknowledge that people differ in what they believe is right or wrong
			recognise that people have different beliefs     which shape the way they live
			appreciate the interdependence of people
			within the community.
			Relationships in the wider world
			recognise how injustice and inequality affect people's lives.

Seven: Acrostic poetry	I will reflect on	Language and	Writing
This lesson will allow the pupils	how Mary's	literacy	For pupils to:
to express themselves through poetry.  The pupils can use their notes to	try. hunger into hope and learn how		use the skills of planning, revising and redrafting to improve their writing, including that which they have composed digitally
write their own acrostic poems focusing on what they have learnt	to express my thoughts on this through poetry.		experiment with rhymes, rhythms, verse structure and all kinds of word play and dialect
and what has inspired them so far.			express thoughts, feelings and opinions in imaginative and factual writing
			use a variety of stylistic features to create mood and effect.
			Reading For pupils to:
			read aloud to the class or teacher from prepared texts, including those composed by themselves, using inflection to assist meaning.
		PDMU	Strand 1: Personal understanding and health
			For pupils to:
			know how to confidently express their own views and opinions in unfamiliar circumstances.
			Strand 2: Mutual understanding in the local and wider community
			Relationships with the Wider World
			Developing an awareness of the experiences, lives and cultures of people in the wider world.
			Recognising how injustice and inequality affect people's lives.
Eight: An enterprising approach In this lesson the pupils can think about how they might raise money for Mary's Meals, to help reach the next hungry child, using the skills and talents they have as a class. This is a good opportunity to share ideas and examples of ways they can contribute to the mission of Mary's Meals and put these into action.	I will learn how to use my skills and ideas, in partnership with my classmates, to help raise money for Mary's Meals through an enterprise project.	Relevant to all subject areas to encourage pupils to put their learning into action.	

#### **Curriculum Guide - Scotland**

Hunger to Hope is a cross-curricular learning resource for teachers to use with pupils between eight and 11 years old. The resource will support the curriculum objectives of developing your pupils as successful learners, confident individuals, responsible citizens and effective contributors.

The sessions are infused with opportunities for pupils to develop cross-curricular skills for life, learning and work. The activities will also link to learning about the United Nations Convention on the Rights of the Child, and the United Nations Sustainable Development Goals, helping pupils understand how children like them around the world are impacted by issues such as rights and development.

We would encourage you to start with lesson one, then choose from the other lessons based on the time you have available and the areas you would like to focus on.

We recognise that some children in your class or group may have their own experience of poverty and/or hunger. We encourage teachers to adapt questions and activities to suit the individual needs and experiences of the group. The curriculum links, including CfE Experiences and Outcomes, that we think are most relevant to each session are as follows:

Lesson	Learning intention	Curriculum areas	Experiences and outcomes
One: Introducing Mary's Meals This introductory lesson will use the film From Hunger to Hope to help the pupils to understand the experiences of children impacted by hunger and poverty, and how the work of Mary's Meals helps them and their communities.	I will learn about the experiences of children impacted by hunger and poverty, and how the work of Mary's Meals helps them and their communities.	Health and wellbeing Literacy and English	HWB 1-01a/2-01a LIT 1-01a LIT 2-01a LIT 1-02a LIT 2-02a LIT 1-07a LIT 1-09a LIT 2-09a
Two: Mary's Meals around the world In this lesson the pupils will watch our World Feeding Map video and learn more about the countries where Mary's Meals works. In groups, the pupils will focus on one country per group and spend time researching that particular country with the intention to share findings with the wider class.	I will learn more about the work of Mary's Meals in one country, using my skills to research this information and share it with others.	Literacy and English Social studies Technologies	LIT 1-14a LIT 2-14a LIT 1-15a LIT 2-15a LIT 1-25a LIT 1-26a LIT 2-26a SOC 2-14a SOC 2-19a SOC 2-20a TCH 1-01a TCH 2-01a TCH 2-01a TCH 2-02a

Three: The price of hope In this lesson the pupils consider the cost of feeding a child with Mary's Meals for a whole year.  Exploring the different meals we serve around the world, the pupils will consider factors such as religion, culture and local food availability and relate these to their own experiences.  This session will invite the pupils to consider the impact of hunger and the benefits of daily school meals.	I will learn about the cost of feeding a child for a whole school year and consider how this compares to my own understanding of how far £19.15 can really go.	Health and wellbeing Literacy and English Numeracy and mathematics Social studies	HWB 2-34a LIT 1-02a LIT 2-02a LIT 1-09a LIT 2-09a MNU 1-03a MNU 2-03a MNU 2-09a SOC 2-19a SOC 1-21a SOC 2-21a
Four: The right to learn In this lesson, pupils will discuss the power of education and link this to skills and knowledge which prepare them for work in the future.  Linking to all children's right to an education as reflected in the UN Convention on the Rights of the Child, they will share the work of Mary's Meals to protect this right through drama.	I will learn how the work of Mary's Meals protects children's right to an education, and how I can help stand up for the rights of other children.	Expressive arts Health and wellbeing Social studies	EXA 1-01a/2-01a EXA 1-12a EXA 2-12a EXA 1-14a EXA 2-14a HWB 1-01a/2-01a HWB 1-09a/2-09a HWB 1-13a/2-13a HWB 2-20a SOC 1-16a SOC 2-16c SOC 1-17a SOC 2-17a SOC 2-19a
Five: Energy to learn and play This lesson involves a fun physical activity which will help the pupils reflect on what they have learnt and experience the connection between energy and learning in action. This session will get the pupils moving around the playground to different checkpoints whilst they demonstrate what they have learnt through a series of true or false questions.	I will check my understanding of key facts about Mary's Meals and reflect on the role of food as fuel for learning and play.	Health and wellbeing Literacy and English	HWB 1-15a/2-15a HWB 1-25a HWB 2-25a HWB 1-28a HWB 2-28a LIT 1-02a LIT 2-02a LIT 1-09a LIT 2-09a

Six: Faith in food  Please note: This activity looks at love and helping others in the context of the Parable of the Good Samaritan.  This activity can be used by Christian schools, or others looking at Bible stories within the context of Religious  Education, with the questions	I will learn about the Parable of the Good Samaritan and how the call to love can be lived out by each of us and by organisations like Mary's Meals.	Religious education Literacy and English	RME 1-02a RME 2-02a RME 1-02b RME 2-02b RERC 1-06b/2-06b RERC 1-11a RERC 1-20a/2-20a RERC 1-21a RERC 2-21a RERC 1-24a/2-24a
adapted to suit your context.  In this lesson the pupils are invited to reflect on the biblical story of the Good Samaritan.			LIT 1-26a LIT 2-26a LIT 2-27a LIT 1-28a/1-29a LIT 2-29a
Using conversation prompts, the pupils will be asked for their thoughts on what they have heard and how it relates to the work of Mary's Meals.			L11 2-23a
Pupils are then invited to write a persuasive letter to a respected leader and share their thoughts and ideas on next steps.			
Seven: Acrostic poetry This lesson will allow the pupils to express themselves through poetry. The pupils can use their notes to write their own acrostic poems focusing on what they have learnt and what has inspired them so far.	I will reflect on how Mary's Meals changes hunger into hope and learn how to express my thoughts on this through poetry.	Health and wellbeing Literacy and English	HWB 1-01a/2-01a LIT 1-01a LIT 2-01a LIT 1-04a LIT 2-04a LIT 1-05a LIT 1-24a LIT 2-24a LIT 1-25a LIT 1-25a LIT 1-26a LIT 1-26a LIT 2-26a
Eight: An enterprising approach In this lesson the pupils can think about how they might raise money for Mary's Meals, to help reach the next hungry child, using the skills and talents they have as a class. This is a good opportunity to share ideas and examples of ways they can contribute to the mission of Mary's Meals, and put these into action.	I will learn how to use my skills and ideas, in partnership with my classmates, to help raise money for Mary's Meals through an enterprise project.	Health and wellbeing Numeracy and mathematics Social studies	HWB 1-10a/2-10a HWB 1-13a/2-13a HWB 1-19a HWB 2-19a MNU 1-03a MNU 2-03a MNU 2-09a MNU 2-09c SOC 1-18a SOC 1-21a SOC 1-22a SOC 2-22a

## **Curriculum Guide - Wales**

Hunger to Hope is a cross-curricular learning resource for teachers to use with pupils between eight and 11 years old. The resource will support the curriculum objectives of developing your pupils as ethical and informed citizens, creative contributors and confident individuals.

The sessions are infused with opportunities for pupils to develop cross-curricular skills, thinking skills and personal capabilities. The activities will also link to learning about the United Nations Convention on the Rights of the Child, and the United Nations Sustainable Development Goals, helping pupils understand how children like them around the world are impacted by issues such as rights and development.

We would encourage you to start with lesson one and then use as many of the corresponding lessons as you feel appropriate for your class and learning goals.

We recognise that some young people in your class or group may have their own experience of poverty and/or hunger. We encourage teachers and group leaders to adapt questions and activities to suit the individual needs and experiences of the young people they are working with.

Lesson	Learning intention	Curriculum Links (Areas of learning and experience)
One: Introducing Mary's Meals  This introductory lesson will use the film From Hunger to Hope to help the pupils to understand the experiences of children impacted by hunger and poverty, and how the work of Mary's Meals helps them and their communities.	I will learn about the experiences of children impacted by hunger and poverty, and how the work of Mary's Meals helps them and their communities.	Health and wellbeing Languages, literacy and communication
Two: Mary's Meals around the world In this lesson the pupils will watch our World Feeding Map video and learn more about the countries where Mary's Meals works. In groups, the pupils will focus on one country per group and spend time researching that particular country with the intention to share findings with the wider class.	I will learn more about the work of Mary's Meals in one country, using my skills to research this information and share it with others.	Religion, values, and ethics Language, literacy, and communication Humanities Geography
Three: The price of hope In this lesson the pupils consider the cost of feeding a child with Mary's Meals for a whole year.  Exploring the different meals we serve around the world, the pupils will consider factors such as religion, culture and local food availability and relate these to their own experiences.  This session will invite the pupils to consider the impact of hunger and the benefits of daily school meals.	I will learn about the cost of feeding a child for a whole school year and consider how this compares to my own understanding of how far £19.15 can really go.	Religion, values and ethics Mathematics and numeracy Health and wellbeing Humanities Languages, literacy and communication
Four: The right to learn In this lesson, pupils will discuss the power of education and link this to skills and knowledge which prepare them for work in the future. Linking to all children's right to an education as reflected in the UN Convention on the Rights of the Child, they will share the work of Mary's Meals to protect this right through drama.	I will learn how the work of Mary's Meals protects children's right to an education, and how I can help stand up for the rights of other children.	Languages, literacy and communication Health and wellbeing Humanities

Five: Energy to work and play	I will check my understanding of key	Relevant to all subject areas to
This lesson involves a fun physical activity which will help the pupils reflect on what they have learnt and experience the connection between energy and learning in action.	facts about Mary's Meals and reflect on the role of food as fuel for learning and play.	encourage pupils to put their learning into action.
This session will get the pupils moving around the playground to different checkpoints whilst they demonstrate what they have learnt through a series of true or false questions.		
Six: Faith in food	I will learn about the Parable of the	Religion, values and ethics
Please note: This activity looks at love and helping others in the context of the Parable of the Good Samaritan. This activity can be used by Christian schools, or others looking at Bible stories within the context of Religious Education, with the questions adapted to suit your context.	Good Samaritan and how the call to love can be lived out by each of us and by organisations like Mary's Meals.	Languages, literacy and communication
In this lesson the pupils are invited to reflect on the biblical story of the Good Samaritan.		
Using conversation prompts, the pupils will be asked for their thoughts on what they have heard and how it relates to the work of Mary's Meals.		
The pupils are then invited to write a persuasive letter to a respected leader and share their thoughts and ideas on next steps.		
Seven: Acrostic poetry	I will reflect on how Mary's Meals	Health and wellbeing
This lesson will allow the pupils to express themselves through poetry.	changes hunger into hope and learn how to express my thoughts on this	Languages, literacy and communication
The pupils can use their notes to write their own acrostic poems focusing on what they have learnt and what has inspired them so far.	through poetry.	Humanities Expressive arts
Eight: An enterprising approach	I will learn how to use my skills and ideas, in partnership with my classmates, to help raise money for Mary's Meals through an enterprise project.	Languages, literacy and
In this lesson the pupils can think about how they might raise money for Mary's Meals, to help reach the next hungry child, using the skills and talents they have as a class.		communication  Mathematics and numeracy  Expressive arts
This is a good opportunity to share ideas and examples of ways they can contribute to the mission of Mary's Meals, and put these into action.		