



Today, more than 2.4 million hungry children will eat Mary's Meals at school.

Since our humble beginnings, Mary's Meals has been built on a foundation of prayer and the many little acts of love from those who believe in our mission.

Our work is named after Mary, Mother of God, who brought up her own child in poverty. We hope that you will join with us in prayer as we honour Our Lady during the month of May.

Prayers



In this Year of Prayer, we look at our world and see so many struggling, even to eat a daily meal. We ask Mary, the Mother of Jesus, who brought up her son in poverty, to pray with us for a fairer world. May the Lord help us share what we have with those who lack even the most basic things. Amen.



Mary, you showed your deep faith in God by saying 'yes' to being the Mother of Jesus. Please pray for all those who continue to say 'yes' to supporting the work of Mary's Meals especially those who volunteer. We ask that more people will join our mission and help us reach the next hungry child. Amen.



Mary, as the Mother of Jesus we ask your prayers for all those responsible for children especially parents, carers and teachers. We think of all those who love and care for children across the Mary's Meals family - that the Lord would bring them a deeper hope and joy in their lives. Amen.



Many of the countries Mary's Meals feeds in experience frequent natural disasters. Mary, Mother of God, we ask your prayers of protection in programme countries such as Malawi which has suffered from cyclones, flash floods and seasonal drought. Amen.



Our Lady Queen of Peace please pray for all countries experiencing strife. We especially think of those who rely on Mary's Meals in Haiti and the Middle East – Lebanon, Syria and Yemen; that the children we feed in these countries would continue to receive a daily meal at school despite ongoing conflict. Amen.



Blessed Mother, you knew what it was like to flee from your own country – we pray for all refugee families. We pray particularly for those who have been forced to flee their homes in Ethiopia and now face extreme hunger. That the Lord would protect them, provide the food they need and inspire people of good will to help bring an end to this crisis. Amen.

To find out more about Mary's Meals, please visit marysmeals.org.uk