

mary's
meals

a simple solution
to world hunger

**PRAY
IN MAY**



Mary's Meals, named after Mary, the Mother of Jesus, is built on a foundation of prayer and the many little acts of love offered by those who believe in our mission.

Today more than 2.4 million precious children will receive Mary's Meals in their place of education in 18 of the world's poorest countries.

During the month of May, we invite you to join us in praying for the hungry children who rely on our life-changing school meals, and for all the children and families around the world who live in poverty.

Prayers



Heavenly Father, we thank you for all who are part of the global family of Mary's Meals. We ask you to bless the work of Mary's Meals; that it will continue to reach the next hungry child with life-changing school meals. Amen.



Lord God, we thank you for each child receiving Mary's Meals. We ask that you protect them, and may they be nourished and strengthened by the food that is served. May the work of Mary's Meals be used to bring each child hope and a future. Amen.



Father God, we lift to you those who are suffering. We pray for people affected by natural disasters, food insecurity and brutal wars. Please comfort those who are in despair. We especially think of those who rely on Mary's Meals in Tigray, Ethiopia, who have experienced the physical and mental scars of civil war and who now face extreme hunger. We pray for peace, protection, and provision. Amen.



Heavenly Father, we thank you for those who say yes to supporting the work of Mary's Meals. We thank you for the volunteers around the world who tirelessly give of their time to help feed hungry children. We ask for more people to join our mission and to demonstrate your love in action. Help those amongst us who have more than we need, share with those who do not have enough. Amen.



Lord God, we pray for an end to poverty and hunger, trusting that all things are possible for you. May the work of Mary's Meals transform the lives of these precious children, and may these children use their education and voices to change their communities for the better. Amen.

To find out more about Mary's Meals, please visit marysmeals.org.uk