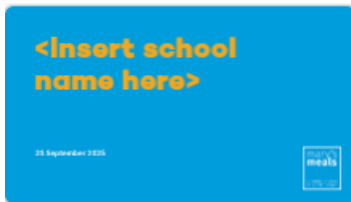


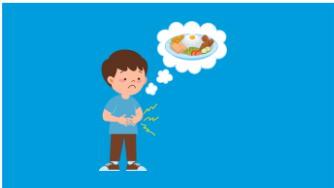







## Assembly Notes for 4-7 year olds

This assembly will introduce children and staff to the work of Mary's Meals. There are opportunities for children to answer some questions. We would recommend children putting their hands up and you choosing around 5 or 6 responses each time.





This presentation should work for faith and non-faith schools. For talks at faith schools, there is a note on slide 16 to add a mention of praying for our work.



Slide	Wording	Discussion points
	Welcome to this assembly today where I am going to tell you about the work of a charity called Mary's Meals.	
	<p>To start with though, I'd like to ask you what your favourite thing about coming to school is? What do you like most about _____ (<i>name school</i>)</p> <p>It is really interesting that when I asked that question, hardly anyone mentioned the school lunches!</p>	Ask children to share their answers.



	<p>I think that the school lunches here are really good!</p> <p>Does anyone know what is for lunch today/what was for lunch today?</p> <p>Does anyone have a packed lunch?</p>	<p>Ask the questions and take children's responses</p>
	<p>Now I am a bit forgetful. What would happen if I forgot my lunch?</p> <p>Would I have to sit there and just be hungry?</p> <p>When we are hungry do we feel happy or sad? Do we feel full of energy or tired?</p> <p>So do we all agree that school lunches are really important?</p> <p>I want you to meet someone else who thinks school lunches are really important!</p>	<p>Ask the questions and allow the children to explain that a grown up would make sure they got something to eat.</p>
	<p>This man is called Magnus, and he thinks it is very important that all children get a nutritious meal when they are at school.</p>	

	<p>This is because, back in 2002 Magnus was in Malawi, an African country, and he met this lady, Emma, and her children.</p> <p>He asked Emma's eldest son, Edward what were his hopes and dream for his future were.</p> <p>Before I tell you Edward's answer, I'd like to know some of your hopes and dreams for your futures. What would you like to be when you grow up?</p>	<p>Take responses from children as to what their hopes / dreams for their futures are.</p>
	<p>This is what Edward said. <i>(Read the slide to the children).</i> That is a bit of a strange answer isn't it children? But sadly not everyone goes to a lovely school like this and have a lovely lunch like you do.</p> <p>There are millions of children in the world who are not that lucky.</p>	
	<p>So, Magnus decided to start the charity Mary's Meals to help children come to school and have a lovely lunch whilst they were there.</p>	
	<p>So in 2002 Mary's Meals started to feed 200 children.</p> <p>Would you like to know how many children Mary's Meals is feeding now?</p>	

	<p>Three million children! That's a really big number isn't it? A lot more than 200!</p>	
	<p>Lots of people started to help Mary's Meals and now there are children in 16 different countries across the world who get to have a meal at school each day.</p>	<p><b><i>Point out where the UK is on the map and then where Malawi is.</i></b></p>
	<p>Lots of people help to cook and serve the food to children all over the world just like in this picture.</p>	

	<p>Mary's Meals believe everyone can get involved with their work, including in this country too.</p>	
	<p>Someone who wants to help is my friend Timmy! This is Timmy the 10 pence. He thinks he is very important and can make a big difference because he can pay for a meal for a child at school. Although Mary's Meals serve many different foods, their biggest feeding programmes serve a type of porridge. This porridge is a nutritious and vitamin enriched meal that helps children to grow healthy and strong. Timmy thinks he is the most important - more important than any of the other coins.</p>	
	<p>But one day, some of the other coins helped him to realise that just because they might be a bit smaller or not as shiny as Timmy, they were still important and could make a difference too!</p> <p>By working together, Penny, Tommy and Felicity the penny, 2p and 5p, can feed a child for a day too!</p>	
	<p>There is a lot you can do to help too! One thing you can do today is to make sure when you go home, you tell your grown ups about the assembly today. Mary's Meals have a website that they can visit if they want to find out more.</p> <p><b>Faith School</b> Mary's Meals would love for you to pray for the children they</p>	

	<p>feed and ask God to help them be able to feed even more hungry children.</p>	
	<p>Some people fundraise money to help Mary's Meals so that they can feed even more children. Every penny is important and makes a big difference!</p> <p>Mary's Meals is asking all schools across the country to join in a campaign called 'Pocket Money for Porridge'. Perhaps you could collect your pennies and 2ps and 5ps and even maybe 10ps so that you can work together to feed children their lovely lunch too! They would like schools to get involved by asking each child to bring in a minimum of 10 pence so that every child can help pay for a meal.</p> <p>There are ____ children here at ____ (name of school) so if you all brought in 10p you would provide ____ meals.</p>	
	<p>Then you can help children like Princess and Sheriff who live in Malawi in Africa. They get to go to school each day and have a lovely meal and learn to read and write.</p>	

	<p>Denise Cottrell-Boyce has shared this lovely poem about how the children of our school can help.</p>	<p>You can read from the slides, or find a copy here: <a href="http://marysmeals.org.uk/campaigns/pocket-money-for-porridge">marysmeals.org.uk/campaigns/pocket-money-for-porridge</a></p>
	<p>Children, thank you for listening so well while I told you about Mary's Meals and for answering all my questions!</p> <p>Maybe you can tell lots of other people about Mary's Meals and how 10p can help feed a hungry child!</p>	