



### Mary's Meals poem by Denise Cottrell-Boyce

Sometimes our world seems hopeless.  
There is so much that isn't fair.  
Children without schools and food,  
Are struggling everywhere.  
I used to try and block it out,  
what could a school kid do?  
I felt that I was helpless.  
Is that how you feel too?  
But Mary's Meals say I'm the one,  
Who can pack a mighty punch.  
Because it only costs 10p,  
To buy a healthy lunch.  
10p for lots of energy.  
10p for lots of play.  
10p for lots of learning,  
Safe at school each day.  
There's lots of us in Mary's Meals.  
Join with us and you'll see.  
How you can give such joy, and hope,  
Each time you give 10p.