

Pocket Money for Porridge

Fundraising pack

It only takes a little to change
a lot. Your 10p can stop a child
going hungry today.



Inner Wheel at the Heart
of the Community for over 100 years



Pocket money
for porridge

Pocket Money for Porridge

This October, we're calling on school pupils across the UK to help Mary's Meals stop child hunger for just 10p!



10p can change the world!

Can we tell you a secret? 10p can change the world with Mary's Meals!

Mary's Meals is a global charity that serves life-changing school meals to some of the world's poorest children. Every school day, we work alongside local communities to serve nutritious meals to more than three million children in 16 countries around the world. Our school meals bring hungry children to the classroom and give them the energy to learn, so that they can gain an education that can be their ladder out of poverty. Our low-cost approach means we can serve a school meal to a hungry child for just 10p!

The power of porridge

In some of the countries where we work, including Malawi, Zambia and Zimbabwe, the school meal we serve is a vitamin-enriched porridge. Every school day, hungry children look forward to a steaming mug of this nutritious porridge. It may be the only meal they eat that day and helps them to learn and grow. That's why we celebrate World Porridge Day on 10 October every year – because we know porridge has the power to change lives!

For Rosemary in Zambia, the nutritious porridge she receives motivates her to go to class. Rosemary says: **"When I am hungry my stomach hurts. I easily forget what is being taught in class. But when I am full, my mind opens, and I can concentrate better in class."**

Pocket Money for Porridge

This October, we are calling on schools across the UK to help us reach more hungry children who are still waiting for Mary's Meals.

As we celebrate World Porridge Day, we are inviting pupils to share their pocket money with children who are missing out on their education because of hunger. By bringing just 10p to class they can help bring food, school and hope to hungry children.

How to get involved

To take part in Pocket Money for Porridge, set up a collection in your school or class during the month of October and ask pupils if they can each donate 10p.

You can set up your own collection box or contact us at info@marysmeals.org to request a Mary's Meals collection box. Print off the included A4 poster and put it up in your classroom. Included in this pack are a number of fun ideas to engage your pupils in this activity and help them learn about the power of porridge and the work of Mary's Meals.

Pay in your donations

Please arrange for a member of school staff to pay in your donations via this [webpage](#). Remember to add your school name so we can thank you. If you need any help paying in your donations, you can contact us at info@marysmeals.org or **0800 698 1212**.

mary's
meals

a simple solution
to world hunger



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Make the most of [Pocket Money for Porridge](#) by choosing from these fun activities to do with your class!



Research

Get pupils to work together or in small groups to find out about the power of porridge! Use the Mary's Meals website to find out about the countries where we serve porridge in schools including Malawi, Zambia & Zimbabwe.

You can also find out about a day in the life of a child like Failo, who eats Mary's Meals porridge every school day in Zambia, by accessing [Failo's day](#).



Learn

Find out about the fascinating history of Mary's Meals, and how we can stop a child going hungry for just 10p, by booking a Mary's Meals speaker for an assembly or class talk.

Visit www.marysmeals.org.uk/get-involved/request-a-talk

We also have assembly presentations which are ready for you to pick up and use in your own school. [Pocket Money for Porridge](#)



Write

Encourage your pupils to write their own acrostic poems inspired by the power of porridge. Take each letter in the word PORRIDGE as the start of a new line to provide a base for the children to start from.



Create

Pupils can bring in recycled items from home such as tissue boxes and cardboard tubes to make collection boxes for their 10p donations. Decorate your collection boxes to make them stand out and share them with classes around the school.



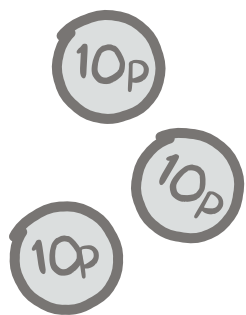
Bake

Explore different recipes together, from classic porridge to oat and raisin cookies or flapjacks. There are lots of tasty recipes to try in our [World Porridge Day Pack](#). You could hold a bake sale with your treats to help raise money for Mary's Meals!



Share

We would love to hear how your class is participating in Pocket Money for Porridge. You can let us know on info@marysmeals.org or share a photo on social media. Tag [@MarysMealsUK](#) on Facebook, or [@marysmealsukcharity](#) on Instagram. Get creative with your photo – for example, you could try and make a shape like a mug or heart with the coins you collect by laying them out in the playground!



Pocket money for porridge

**A simple act of sharing can
help your child change the
world – just 10p at a time.**



By bringing 10p to class, your child can provide a nutritious school meal to a hungry child with Mary's Meals.

Bring 10p to school on:

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marysmeals.org.uk