



Today, more than three million hungry children will eat Mary's Meals at school. During the month of May, join with us to pray for the children who rely on Mary's Meals around the world.

Introduce Mary's Meals

Before praying together, you can take time to introduce the children to the work of Mary's Meals.

- Use our PowerPoint presentation and notes at assembly or in class to hear about the story of Mary's Meals - download them from [our resource page](#).
- Explore our website together to find out about the different countries [where we work](#).
- [Contact Mary's Meals](#) to book a volunteer speaker to visit your school.

Prayers for children



Families

Dear God, thank you for my family and for all the people who love and look after me. Please help all the families living in hard situations, especially those who don't have enough food or a safe place to live. Bless them with peace, safety and love. Help us to be kind and share with others. Amen.



End world hunger

Dear God, we pray for children and families who are struggling to find enough food to eat. We ask that you watch over them, provide for them and keep them safe. We pray that people around the world will choose to work together to end world hunger. Amen.



Peace

Dear God, we pray for children who live in places like Haiti, where there is fighting and danger. Please keep them safe and help them feel loved and cared for. Bless the people who work to bring peace, kindness and hope to the world. Please give me peace in my heart and help me be a peacemaker too. Amen.



Generosity

Dear God, we thank you for people who are willing to help others, even when it is not easy. Help us to be generous with what we have and to share with those who don't have enough. Please bless every little act of love that will help Mary's Meals reach the next hungry child. Amen.



Hope

Dear God, we know that school and food bring hope. Please bless the work of Mary's Meals as they aim to bring these gifts to even more children who are hungry and in need of hope. Amen.

Activities for your class

1. Choose a country [where we work](#) and talk about the country with your class. Pray with your class for all of the children in that country.
2. Invite your class to write out their own prayers for the children who eat Mary's Meals, using the worksheet provided. They could use the themes of our prayers to help them or think about their own hopes for children around the world.
3. Encourage your class to pray for children around the world as they go about their day. For example, on the way to school: "Lord, I pray for the children who travel a long way to get to school so that they can eat Mary's Meals. Please bless them today."
4. Use our [prayer calendar](#) throughout the month to pray for, and learn about, children all around the world.

To find out more about Mary's Meals, please visit marysmeals.org.uk

Mary's Meals serves school meals to children around the world to help them come to school and have the food they need to learn and play.

This month I pray for:

Amen

