



Today, more than three million hungry children will eat Mary's Meals at school. Since our humble beginnings, Mary's Meals has been built on a foundation of prayer and the many little acts of love from those who believe in our mission. Our work is named after Mary, Mother of God, who brought up her own child in poverty.

We invite you to join us in prayer during the month of May by remembering the work of Mary's Meals at Mass. We have provided a suggested bidding prayer for each Sunday of the month.

Bidding prayers



Fifth Sunday of Easter – 3 May 2026

As we remember the work of Mary's Meals during May, we ask God to bless all families who live in fear due to conflict. That they will be granted peace and safety, we pray to the Lord.



Sixth Sunday of Easter – 10 May 2026

We pray for the Spirit of truth to guide the work of Mary's Meals, who we remember in our prayers this month. That their mission will continue to flourish with God's blessing, we pray to the Lord.



Seventh Sunday of Easter – 17 May 2026

As those in the upper room devoted themselves to prayer in Jesus' absence, we pray in earnest for all those who feel alone in their suffering. That the work of agencies like Mary's Meals can bring God's hope to those isolated in their struggles, we pray to the Lord.



Pentecost – 24 May 2026

We pray for God's message of peace and forgiveness to bear fruit in countries scarred by violence, especially the ongoing gang conflict in Haiti. That those working for a better future there including Mary's Meals can be protected and become agents of peace, we pray to the Lord.



The Most Holy Trinity – 31 May 2026

As we reach the end of May, when we have remembered the work of Mary's Meals in our prayers, we pray for all those who live out God's love by volunteering to help those in need. That they will be strengthened and be a sign of God's compassion to those they meet, we pray to the Lord.

Find out more about the story of Mary's Meals and how you can support our work on our [website](#), or by requesting a free copy of our Founder's book '[The Shed That Fed 2 Million Children](#)' for your church or group.